



# SAUNA SATURDAY

## FEBRUARY 19, 2-7PM

FASM Celebrates National Sauna Week

At Estonian House, 14700 Estonian Lane, Riverwoods, IL

**RSVP** to reserve Sauna, be kept apprised of any changes due to weather, and for food planning.

Reserve Sauna for 30 minute increments beginning at 2PM

\$25 for 4-10 people

Sauna accommodates 4-5 people, shower, and adjoining cooling room. Bring towel(s)

Join outside activities weather permitting:

\*Bon Fire, \*XC Skiing, \*Snowshoeing, \*Ice Lanterns, \*Snowmen,  
\*Snow Painting, \*Hike the Des Plaines River Trail.

Inside activities: Make Snowflakes

For Purchase: Makkara (sausage), soup, drinks, other delicacies.

RSVP to Mary Wurzer at [info@fasm.us](mailto:info@fasm.us) or 630-632-2020

All are invited! Bring a friend!

