

FINNISH AMERICAN SOCIETY OF THE MIDWEST (FASM)

A Finlandia Foundation Chapter

Invites you to join us in Celebrating National Sauna Week and/or
Pulla Make, Bake and Take Demonstration

Sunday, February 19, 2023

at the Chicago Estonian House, 14700 Estonian Lane, Riverwoods, IL



**Reserve Sauna for 1 hour -- \$40, 1pm to 6pm,
on the hour**

(approximately 45 minute sauna and 15 minutes for cleanup)

**Sauna accommodates 4-5 people, shower, and
adjoining cooling room. Bring towel(s)**

Honor Bar and Makkara (sausage) snack available
or bring your own nonalcoholic drink(s) and/or snack
to share.

And/or Reserve a space for the Pulla Demonstration



Shari Mustonen Johnson will demonstrate how to make Pulla using a family recipe.
Guests will be able to sample the Pulla and take home a small loaf!
Demonstration starts at 2:30pm. Donation \$15 per person

RESERVATION INFORMATION

To Reserve a Sauna time and/or Signup for the Pulla Demonstration, send an email to:
FASMevent@gmail.com

In the email include name, telephone number, number of people attending, whether Sauna and/or
Pulla Demonstration. For Sauna reservation, include the time you wish to reserve.

All are welcome! Bring a friend!

